



“Summer Camp Excellence” 2020!

Everyday expect an adventure at the Shaolin Kung Fu Health and Fitness Academy! We have many activities planned this year to promote fun, fitness and mental growth!

**Register Early and
Receive Discount!**

**Call Today For Price
List!!**

**Next to the Upper
Marlboro Amish
Market!**

301-627-5015

**www.shaolinkungfuhealth
andfitness.com**

Martial Arts SUMMER CAMP 2021



**Games!
Trips!
Fitness!
Fun!**

Dear Parents,

Who says summertime has to be idle time for kids? Not us! Our program has been especially designed to promote your child’s mental and physical growth. Your child will learn discipline, focus, confidence and leadership abilities. In addition, they will gain high self-esteem through martial arts which is a part of our summer program. Your child will have fun while getting into the best shape of their young lives!

If you’re on a budget and are looking for a summer camp program and a martial arts program, get two programs for the price of one at our Academy!

Come See Why We Are A Cut Above The Rest!

Exciting Games

Field Trips

Martial Arts

Friendships

New Skills and More!



**5020 Brown Station Rd.
Suite 135
Upper Marlboro, MD
20772
Next To Amish Market!
301-627-5015**



**The Shaolin Kung Fu
Health and Fitness
Academy**

**“The Path To
Excellence”**

301-627-5015

A Summer Camp Program that works for you and your kids...!

It works because we incorporate fun with learning new skills, refining focus, discipline and building your child's self-esteem.; now what can be better than that!

Our Martial Arts Program:
Our Instructors are equipped to teach your child the art of T'ien Shan Pai Kung Fu and develop their discipline, focus, confidence and leadership abilities. Sifu Bledsoe, Sifu Marvara and Sifu JT along with our Junior Instructors are here to assist your child in their journey to excellence in the Arts!

Our Staff: We have a diverse group of professionals on staff at our camp. The owner, Sifu Marvara, is a registered nurse and a certified First Aid and CPR instructor. All staff on duty are certified in First Aid and CPR by Marvara. Our Director and Assistant Director are both P.G. County Educators who helped to design a well-rounded program, packed with fun, excitement and educational development. We have other professional educators with varying degrees on our staff to create a summer camp program both you and your child will love!

The Path To Excellence Begins....

ADDITIONAL PROGRAMS:

Licensed Childcare to Include:
Before Care
After Care
All Day Camps

Kung Fu Classes for 5 and Up
Adult Classes
Tournaments and Competition Participation!

WEEKLY FIELD TRIPS:

Skating
Laser Tag
Sports
Six Flags
Competitions
Bowling
Zoo
AND MUCH MUCH MORE....

ARTS /CRAFTS/CREATIVITY:

Your child will develop new skills with our creativity workstations, such as drawing and creative arts or crafts!

MARTIAL ARTS:

Physical fitness
Self-Defense
Self-control, discipline and focus!



THE SHAOLIN KUNG FU HEALTH AND FITNESS ACADEMY, INC.

"THE PATH TO EXCELLENCE"